

# RADIANCE: THE EXPERIENCE OF LIGHT

<b>Time Code</b>	<b>Speaker</b>	<b>Dialog</b>
0:45	NARRATOR	Years ago I had an experience,
0:50	NARRATOR	an experience of Light.
0:54	NARRATOR	My whole body was filled with light.
0:59	NARRATOR	I felt connected by that light to the universe.
1:07	NARRATOR	I became conscious of an exquisite radiance,
1:11	NARRATOR	permeating the fabric of all life.
1:20	NARRATOR	I saw that every living thing has its own special luminous quality.
1:35	NARRATOR	I wanted to explore the secret of that magical feeling.
1:41	NARRATOR	I felt a yearning to understand it.
1:48	NARRATOR	I realized from my experience that the source of that light
1:53	NARRATOR	is re-born in every moment of creation,
2:06	NARRATOR	and I've come to see that everyday light

<b>2:09</b>	<b>NARRATOR</b>	<b>is just the visible aspect of that infinite light</b>
<b>2:15</b>	<b>NARRATOR</b>	<b>which in reality isn't out there some place</b>
<b>2:18</b>	<b>NARRATOR</b>	<b>but right here.</b>
<b>2:24</b>	<b>NARRATOR</b>	<b>We begin this journey with the familiar world,</b>
<b>2:30</b>	<b>NARRATOR</b>	<b>the world around us.</b>
<b>2:40</b>	<b>NARRATOR</b>	<b>We live in a world of light and shadow.</b>
<b>4:09</b>	<b>NARRATOR</b>	<b>Light has many faces.</b>
<b>4:21</b>	<b>NARRATOR</b>	<b>The earth itself is filled with light.</b>
<b>4:30</b>	<b>NARRATOR</b>	<b>Fire,</b>
<b>4:32</b>	<b>NARRATOR</b>	<b>a primal force,</b>
<b>4:35</b>	<b>NARRATOR</b>	<b>a universal symbol of energy.</b>
<b>4:42</b>	<b>NARRATOR</b>	<b>Holy Light appears in every religion</b>
<b>4:48</b>	<b>NARRATOR</b>	<b>In every Jewish synagogue, a light burns day and night.</b>

<b>4:54</b>	<b>NARRATOR</b>	<b>The Sabbath is celebrated with candle light.</b>
<b>5:02</b>	<b>NARRATOR</b>	<b>Channukah, the Hebrew Festival of Lights.</b>
<b>5:12</b>	<b>NARRATOR</b>	<b>The Buddha radiated light, according to his disciples.</b>
<b>5:22</b>	<b>NARRATOR</b>	<b>They say the rays of knowledge rose like light, above his head</b>
<b>5:27</b>	<b>NARRATOR</b>	<b>and around him.</b>
<b>5:37</b>	<b>NARRATOR</b>	<b>The Light of Christ, begins with the Annunciation.</b>
<b>5:53</b>	<b>NARRATOR</b>	<b>Those whose lives were touched by His, shared His radiance.</b>
<b>6:24</b>	<b>NARRATOR</b>	<b>In His healing ministry,</b>
<b>6:26</b>	<b>NARRATOR</b>	<b>Christ was said to channel light.</b>
<b>6:37</b>	<b>NARRATOR</b>	<b>According to the New Testament,</b>
<b>6:39</b>	<b>NARRATOR</b>	<b>His face did shine as the sun.</b>
<b>6:48</b>	<b>NARRATOR</b>	<b>In every faith,</b>
<b>6:51</b>	<b>NARRATOR</b>	<b>the teacher embodies inner light.</b>

6:56	NARRATOR	The faces of some Indian and Sufi teachers communicate this glowing presence.
7:06	NARRATOR	Ancient Indian Scriptures say, that we could become as Gods,
7:12	NARRATOR	with the visible Light of Heaven
7:14	NARRATOR	manifest in us.
7:54	NARRATOR	Since the beginning of time, people have tried to fathom the mysteries of Celestial light.
8:04	NARRATOR	At Stonehenge, the Sun, the stars and planets were observed,
8:10	NARRATOR	revealing the progression of heavenly bodies.
8:25	NARRATOR	The sun was worshipped for centuries in Egypt.
8:31	NARRATOR	revered as a compassionate force,
8:38	NARRATOR	communicating directly with humans,
8:42	NARRATOR	each ray extending a hand, to accept offerings and give life.
8:59	NARRATOR	The Sun,

9:01	NARRATOR	a fiery sphere of light,
9:04	NARRATOR	A mandala
9:07	NARRATOR	A mandala is a sunlike form,
9:13	NARRATOR	a symbol of wholeness,
9:17	NARRATOR	a way of understanding and experiencing
9:21	NARRATOR	different levels of reality.
9:26	NARRATOR	Like the sun,
9:28	NARRATOR	radiating from a center,
9:31	NARRATOR	its design ignites inner light.
10:44	NARRATOR	A place of worship
10:46	NARRATOR	is designed to use light, to heighten the senses, and invite the spirit.
11:36	NARRATOR	Some say the body itself is a Temple of Light
11:44	NARRATOR	It's as if there is a sea of electricity in the human body.

11:49	NARRATOR	Perhaps holy light is not just a metaphor but an actual energy.
12:00	NARRATOR	Can we know the electrical patterns of our inner worlds?
12:17	NARRATOR	High energy photography records the electrical discharge
12:22	NARRATOR	as a current is passed through living things.
13:02	NARRATOR	Our lives are connected to the energy of all life.
13:10	NARRATOR	We are radiant beings.
13:40	NARRATOR	Not only the radiance,
13:43	NARRATOR	but the rhythms of the universe
13:46	NARRATOR	touch our lives.
13:51	NARRATOR	Time brings changes.
14:12	NARRATOR	In the natural balance,
14:16	NARRATOR	while one part carries the message of new birth.
14:20	NARRATOR	Others complete their cycles,

14:24	NARRATOR	and life is embraced by the darkness of death.
14:38	NARRATOR	Ancient texts speak of light in the afterlife.
14:43	NARRATOR	From the Book of the Dead,
14:47	NARRATOR	"Do not forget this secret –
14:50	NARRATOR	when your mind and body separate, you can see the primary clear light.
14:58	NARRATOR	It's like a mirage,
15:00	NARRATOR	subtle, but bright.
15:04	NARRATOR	Do not be afraid.
15:07	NARRATOR	It is the same light you also radiate."
15:14	NARRATOR	Is there light after death?
15:19	NARRATOR	Similar reports come from people who have returned to life, after being pronounced dead.
15:28	NARRATOR	Going down a tunnel, with a light at the end.
15:32	NARRATOR	At first the light is dim,

15:35	NARRATOR	growing gradually brighter,
15:39	NARRATOR	and with it, a feeling of great love,
15:43	NARRATOR	and the infinite.
17:39	NARRATOR	There's a great desire within me
17:42	NARRATOR	to know how the world works,
17:56	NARRATOR	To understand the intention of physical matter.
0:45	NARRATOR	Years ago I had an experience,
0:50	NARRATOR	an experience of Light.
0:54	NARRATOR	My whole body was filled with light.
0:59	NARRATOR	I felt connected by that light to the universe.
18:21	NARRATOR	show me that pressing, lifting, blinding light of love.
18:28	NARRATOR	Born in eternity
18:01	NARRATOR	and living in all that is



<b>18:36</b>	<b>NARRATOR</b>	<b>all that is, walk with me now.</b>
<b>18:41</b>	<b>NARRATOR</b>	<b>Clear my mind.</b>
<b>18:45</b>	<b>NARRATOR</b>	<b>Clear my eyes.</b>
<b>18:49</b>	<b>NARRATOR</b>	<b>Clear this my body</b>
<b>18:53</b>	<b>NARRATOR</b>	<b>that I might receive you fully</b>
<b>18:56</b>	<b>NARRATOR</b>	<b>and let me become a giver of light.</b>
		<b>END</b>